

2024 Impact Report



Your gift, our community's care.

UCHealth Yampa Valley Medical Center (YVMC) is dedicated to improving lives and building a healthier community. Thanks to the support of individuals, businesses and grant opportunities, Yampa Valley Medical Center Foundation (YVMCF) is able to fund continuing education for staff, provide patient financial assistance, deliver community health programs and enhance patient care. Many vital services for patients and their families simply wouldn't be possible without the kindness of our donors.

Every dollar stays local to make a difference in our community.

Continuing education for staff - \$3,332.92

Thanks to generous donations, YVMCF provided funds for continuing education courses for nursing team members and other clinical staff. Education opportunities included anticoagulation courses for cardiology nurse staff, acupuncture education for treating neurodegenerative diseases for our integrative medicine staff and mammography-specific training for staff of UCHealth Gloria Gossard Breast Care Center.

Indigent health care grants - \$7,651.76

The Lufkin family established a grant through the Yampa Valley Community Foundation (YVCF) to support patients struggling to afford medical care. YVMC's case managers work diligently to connect patients with existing financial assistance programs, but when those resources are exhausted, YVMCF steps in to provide additional support. In 2024, several patients received help with rent, medical bills and gas cards to help offset financial burdens during challenging times.

A second grant donated through YVCF is the 4 Yellow Fund that specifically benefits patients with cancer who are going through hardship due to their diagnosis. Recently, one month's rent was paid for a patient receiving chemotherapy who was experiencing some serious health challenges and was unable to work.

Cancer services - \$38,713.22

The YVMCF Cancer Services Fund remains committed to supporting patients with cancer through education, services and programs. This fund allows us to employ a dedicated oncology social worker, providing patients with essential emotional support and guidance as they navigate life during and after a cancer diagnosis. Additionally, we continue to fund the use of DigniCaps, a scalp cooling treatment that helps reduce hair loss during chemotherapy, and sponsor survivorship events that promote healing, connection and hope for life beyond cancer.

Employee well-being and resiliency - \$2,572.07

This fund was established to enhance the well-being of staff and providers at YVMC. In December, we opened the recharge room, a dedicated space that provides a peaceful retreat for relaxation and rejuvenation. The room features a full-body massage chair, TheraGun, essential oils and yoga mats. We will continue to use these funds for wellness initiatives for staff such as yoga workshops and complimentary chair massages during lunch breaks.



"The recharge room is a great addition to our workplace. The sign-up process is simple and seamless. The space is warm, inviting and intentionally set up to provide a sense of relaxation and renewal. It offers everything you need for a brief escape when stepping away entirely isn't an option. The space truly supports workplace well-being."

- Tisha Leyva, senior patient access registration specialist, UCHealth Women's Care Clinic - Steamboat Springs



Mural in Emergency Department



Comfort Bears



*GrandKids
Child Care
Center*

Greatest needs - \$16,132.96

Because health care needs are constantly evolving, a greatest needs fund ensures YVMC can respond quickly and effectively to provide the best possible care. In 2024, funds were directed to support the installation of murals in the behavioral health rooms in YVMC's emergency department and in the outpatient laboratory.

A visit to the emergency department can be a stressful experience for anyone, especially children. Driven by a desire to ease the anxiety of pediatric patients, a compassionate donor made it possible for YVMCF to purchase teddy bears to bring warmth, comfort and a sense of security during a difficult time.

"These murals transformed our behavioral health rooms. At times, patients can spend several hours in these spaces. Giving them a beautiful image to focus on can impact their experience in a positive way."

*- Molly Lotz, behavioral health clinical therapist,
YVMC Crisis Support*

Chemotherapy fund - \$457.29

Crucial medication that replaces digestive enzymes normally produced by the pancreas was purchased for a patient with cancer. Without it, the patient may have experienced severe discomfort and pain, as well as potential critical vitamin malabsorption.

GrandKids Child Care Center - \$16,308.26

Since its establishment in 1981, GrandKids has played a key role in providing safe, engaging and affordable childcare. There are currently 50 children enrolled who have a parent working at YVMC. This is a critical benefit we offer our employees. Last year, funds helped pay for a new flooring project, an addition to the outdoor playground and educational materials the children engage with every day.

Community Health Benefit Fund grants - \$315,000

Through the Community Health Benefit Fund (CHBF), UHealth invests in our community and partners with local nonprofits. Recent initiatives have focused on improving access to health care, behavioral health resources and reducing substance use disorders. Since its inception in 2020, CHBF has invested more than \$1.5 million in Routt and Moffat counties. These funds, which YVMC received upon joining the UHealth family in 2017, continue to make an impact in the Yampa Valley.

Congratulations to the 2024 recipients:

- Better Tomorrow
- Community Budget Center of Craig
- The Health Partnership
- Horizons Specialized Services
- Integrated Community
- Lift-Up of Routt County
- Mind Springs Health
- North Routt Community Charter School
- Northwest Colorado Health
- Northwest Colorado Center for Independence
- Partners for Youth
- Reaching Everyone Preventing Suicide (REPS)
- Routt County Crisis Support
- South Routt School District
- Steamboat Montessori School
- Steamboat Springs School District
- West Routt Fire Protection District
- Yampa Valley Autism

Yampa Valley Medical Center Foundation

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