

2022 IMPACT REPORT



When a person impacts something, they have a direct effect on it.

When a donor contributes funds to Yampa Valley Medical Center Foundation (YVMCF), the donor's gift has a direct effect on the health of our community, be it through furthering the education of a clinician, upgrading facilities or equipment, or supporting a patient during a difficult time due to a medical situation.

The kindness and generosity of so many allow the staff and providers at UCHealth Yampa Valley Medical Center (YVMC) to positively impact the lives of our patients each and every day. Thank you for making this impact possible.

What's raised here, stays here.

\$527,043 supported our patients with cancer, and oncology staff and facilities last year.

In 2022, YVMCF regranted \$500,000 back to YVMC for pledges designated to UCHealth Jan Bishop Cancer Center. Donors also helped to fund educational programs for three oncology nurses, the purchase of iPads for the patient care unit, and a variety of patient support requests including rent or mortgage payments, transportation needs and prescription medicine costs.

Other Impacts.

\$9,780 - Lymphedema prevention

Staff and providers at UCHealth Jan Bishop Cancer Center, UCHealth Gloria Gossard Breast Care Center and UCHealth SportsMed Clinic have worked together to form a comprehensive program for patients undergoing breast cancer treatment. Specifically, lymphedema prevention was identified as an area in which additional attention could be given with regard to medical and rehabilitation interventions. Thanks to a generous donation by a community member, the SOZO technology platform was purchased. SOZO plays a vital role in achieving the goal of prevention of secondary complications within this patient population and is expected to increase the number of patients that complete their post-op care.

\$4,806 - More PT, Less RX

Made possible through a donation from The Mark McManus Foundation, 37 patients received four-month memberships to Old Town Hot Springs to study if access to a health and wellness center has a positive impact on pain and recovery. More PT, Less Rx encourages a multi-modality treatment approach and provides the opportunity to use a varied exercise regime. We are grateful to support to the long-term recovery of our patients after they leave the hospital.

Nearly \$10,000 has been invested in More PT, Less Rx by the donor through YVMCF since the program's inception. Data gathered from these current patients will be used to explore the impact of multi-modality treatments and physical therapy in relation to pain management, with a long-term goal of expanding the program to support even more patients.



Jodi Bringuel, a physical therapist and certified lymphedema therapist at UCHealth SportsMed Clinic, utilized the SOZO® Digital Health Platform with patient Amy Flynn. Through the technology, Bringuel was able to capture baseline metrics on Flynn's body composition in order to monitor any lymphedema-related fluid changes as Flynn continues treatment for breast cancer.

\$340,200 - Community Health Benefit Fund

In its third year, the Community Health Benefit Fund awarded a total of \$340,200, with grants ranging from \$5,000 - \$60,000. The 2022 areas of focus were access to health care, mental health, and substance use disorders. Recipients included:

- Better Tomorrow (Advocates of Routt County and Brighter World Child Advocacy Center)
- Boys & Girls Club of Northwest Colorado
- Horizons Specialized Services
- Integrated Community
- LiftUp Routt County
- The Health Partnership
- Northwest Colorado Health
- Partners in Routt County
- Reaching Everyone Preventing Suicide (REPS)
- Routt County Crisis Support

\$625 - Lactation Services

A new mother was so grateful for the lactation services and support she received at YVMC, that she made a donation to YVMCF in support of our Lactation Fund. Recently, funds were used to provide schooling for one of the birth center nurses to become an International Board-Certified Lactation Consultant (IBCLC), a certification now held by five YVMC nurses. Two additional nurses are in the process of obtaining the certification with financial assistance from the Foundation. We are pleased to support YVMC's ability to provide lactation services in our community.



Liz Graham, registered nurse and lactation consultant at UHealth Yampa Valley Medical Center, talks with a mom as her baby is nursed during The Lactation Club, a free weekly breastfeeding support group.

\$16,956 - Virtual birth center tour

The biggest investment from our Greatest Need Fund in 2022 was the creation of a virtual tour of the birth center at YVMC. Many expectant parents take an in-person tour; however, when winter weather or a pandemic doesn't allow for that, this virtual option allows patients, as well as their families, to see where their little one will enter the world. It also provides a convenient way for patients outside the Yampa Valley to experience a tour.

\$4,002 - 4 Yellow Grant

In the Fall of 2022, YVMCF was awarded a grant from the 4 Yellow Funds to help support patients with cancer. These funds can help offset medical and non-medical costs for patients to help ease financial burden. So far, we have helped four patients with housing costs to ensure they can continue living in their homes while undergoing treatment.

\$29,210 - New glider recliners in the birth center

A repeat, anonymous donor made an extraordinary donation last year to help cover the cost of replacing chairs in our birth center. The outdated, wooden rocking chairs were upgraded to medical grade glider recliners. The new chairs are much more comfortable, and are made of materials that can be properly cleaned. This enhancement will increase the quality of each family's stay and overall experience at YVMC.



A new parent rests comfortably in one of our new recliner chairs.

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